PERSONAL INFORMATIONS

Name	**RUOSI LUCA**
Address	**10, VIA VALPARAISO, 20144 MILANO (IT)**
Phone Number	**3334763555**
E-mail	**lu.ruosi@gmail.com** **dr@lucaruosi.it**
Nationality	Italian
Birth Date	05/03/1995

JOB EXPERIENCE

• Date (from –to)	09/2020 - 06/2021
• Employer name and Address	ASL Caserta , Via Unità Italiana 28 - Caserta
• Field	Special Unity for continuity of care
• Assignment	Medical Doctor for COVID-19 patients

EDUCATION

• Date (from –to)	2013-2020
• Course	Bachelor's Degree in Medicine and Surgery
•Grade	Voto: 110L
• Title Achieved	Medical Doctor

• Date (from –to)	2021-2026
• Course	Residency in Orthopaedics and Surgery
Place	Humanitas Clinical Institute, via Manzoni, 20089, Rozzano (MI)
• Title to be Achieved	Orthopaedic Surgeon

• Date (from –to)	2024-2027
• Course	Professional Doctorate in Public Health and Preventive medicine
Place	Federico II University, Medicine and Surgery Faculty, via Pansini 5, 80131, Napoli (NA)
• Title to be Achieved	PhD

MOTHER TONGUE **ITALIAN**

OTHER LANGUAGES

	ENGLISH	**SPANISH**
• Reading	EXCELLENT	GOOD
• Writing	EXCELLENT	GOOD
• Speaking	EXCELLENT	GOOD

PUBLICATIONS

Review sulle indicazioni di trattamento delle fratture del terzo prossimale di omero nell'anziano AITOG OGGI (2019)

Regenerative medicine in Orthopaedics: the biophysical stimulation. OTODI educational (2019).

La prevenzione nelle fratture da fragilità nell'anziano: un update. AITOG OGGI (2021)

Artropatia di cuffia: iter diagnostico e terapeutico AITOG OGGI (2022)

Allenamento ad alta intensità e gonartrosi: un binomio possibile? AITOG OGGI (2023)

The chimera of reaching a universal consensus on platelet-rich plasma treatment for knee osteoarthritis: a review of recent consensus statements and expert opinion. EXPERT OPIN BIOL THER. (2024)

Matrices used for cartilage regeneration. CLINICS IN SPORTS MED. (2025)

Collagen Injections for Rotator Cuff Diseases: A Systematic Review. CLINICS AND PRACTICE (2025)

Evaluation of Functional Outcomes, Survivorship and Complications of Hypoallergenic Fixed-Bearing Medial and Lateral Unicompartmental Knee Arthroplasty: A Minimum 2-Year Follow-Up. J. CLIN. MED. (2025)

Ultrasound-Guided Meniscal Injection of Autologous Conditioned Plasma: a case series at middle term evaluation. JCJP (2025)

Similar clinical and survival outcomes between robotic-assisted cemented and cementless total knee arthroplasty. AOTS (2025)

Cementless vs. Cemented Total Knee Arthroplasty: Reduced Operative Time with Comparable Perioperative Safety-A Retrospective Cohort from a Tertiary Care Center J. CLIN. MED. (2025)

Clinical benefits and safety of polynucleotides injections for the treatment of tendinopathies: A multicenter, single-cohort, retrospective study. J. BACK AND MSK REHAB (2026)

OTHER SCIENTIFIC ACTIVITY

"FIDIA CADAVERLAB PLUS, Infiltrative Procedure Joint and Tendon Ultrasound Supported", Lugano 2021
Participant

Cadaver Lab Pro Infiltrativo, Lugano 2022
Participant

International Cadaver Lab Pro On Viscosupplementation: Beyond Knee Treatments, Lisboa 2023
Participant

3° Percorso Formativo SICV&GIS: Degenerativa, Open & MIS, Verona 2023
Participant

Isokinetic Congress, Madrid 2024
Free Communication Speech: Intrameniscal injection of Condrotide® for degenerative meniscal tears
Poster presentation: "Autologous adipose tissue enriched in SVF for end-stage knee osteoarthritis"

7th ICRS Summit, Catania 2024
Poster presentation: "The effectiveness of Autologous Matrix-Induced Chondrogenesis plus Bone Marrow Concentrate in focal chondral defects: a retrospective study on 42 patients"

Poster presentation: “Preliminary Results Of Ultrasound-guided Meniscal Injection Of PRP At A Minimum 12 Months Follow-up
Poster presentation: “The Chimera Of Reaching A Universal Consensus On Prp Treatment For Knee Osteoarthritis: A Review Of The Available Consensus”

Masterclass Zimmer Biomet “La cura personalizzata di anca e ginocchio”, Florence 2024
Participant

AlgoTalk, Turin 2024
Oral Speech: “Early osteoarthritis pain and future solutions”

SIOT, Rome 2024
Lunch Symposium “type I collagen use in meniscus transplantion surgery”
Poster presentation: “Medial UKA Journey UK (JUK) results at 2 years follow up”

ICRS Surgical Skills Course, Doha 2025
Participant

Le nuove tecnologie nella chirurgia protesica di anca e ginocchio, Milan 2025
Oral Speech: “Il percorso clinico digitalizzato”

EKS, Copenaghen 2025
Participant

Zimmer Biomet “Meet the Expert: Personalizzazione nella chirurgia del ginocchio”, Naples, 2025
Participant

Movex Academy “Robotic Surgery in Knee Arthroplasty”, Castrocaro Terme, 2026
Young Panel Member

SIAGASCOT, Turin, 2026
Participant

SOTIMI, Naples, 2026
Oral Speech: “La nostra esperienza con cellule staminali”